## FOODWORKS

Supermarket









Kirks Soft Drink Cans 10 Pack x 375ml Varieties \$1.19 per litre





MARKET DAY SPECIALS

SEE PAGES
7 TO 9

#### PERFECT FOR LUNCH OR DINNER

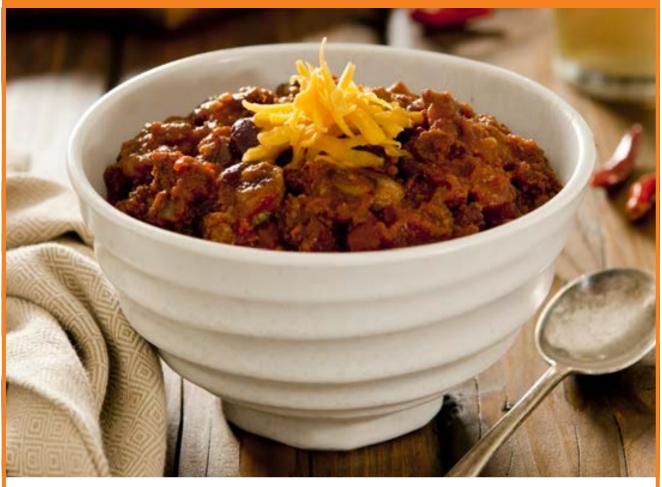








#### **CHILLI CON CARNE**













#### **ENTERTAINMENT ESSENTIALS**









Tasmanian Heritage Camembert or Double Brie 250g \$22.40 per kg

#### \$565

#### **BAKERY**









Tip Top English Muffins 6 Pack **\$0.42 each** 







\$ 150 EA

Arnott's Cake or Brownie 180/200g



#### WE LOVE ENTERTAINING



















#### FRESH FRUIT & VEG















#### MARKET DAY

## 1 DAY ONLY

**THURSDAY 20TH JUNE** 



#### THURSDAY 20TH JUNE



## MARKET DAY SPECIALS







Regular Roast Chicken

Primo Plain or Cheese Kransky





Tibaldi Premium Triple Smoked Ham

Primo Cocktail Frankfurts

#### **MARKET DAY**

## 1 DAY ONLY







Tibaldi Premium Shortcut Bacon 1kg \$8.99 per kg







Family Chef Boned & Netted Pork Shoulders

\$2.99 per kg

#### **WINTER COMFORT**





Cadbury Drinking Chocolate 400g **\$0.87 per 100g** 





Uncle Tobys Plus Cereal, Oats or Vita Weeties 410-500g Selected Varieties

76¢





Sargents Traditional Pies 4 Pack 700g **\$0.86 per 100g** 





Patties Party Pack 30 Pack or Mini Combo Pack 40 Pack





McCain Frozen Peas 1kg \$3.50 per kg



Sara Lee Deep Dish Pie 800g or Brownie & Cheesecake 475g





Pauls Vanilla Custard 1kg \$0.35 per 100g





Lean Cuisine Meals 280-300g Selected Varieties

\$169



## \* The state of the





#### WINTER ESSENTIALS



Country Cup 2 Serve or Trident 50g Soup Selected Varieties





Moccona Freeze Dried Coffee 200/250g Selected Varieties









50¢



Heinz Baked Beans or Spaghetti 300g **\$0.33 per 100g** 





Best Buy Family Pie 600g Selected Varieties \$1.25 per 100g



Best Buy Firelighters 36 Pack **\$0.08 each** 





When the temp drops, so do our prices.

\*colours may vary\*







#### **FRIDGE FAVOURITES**



Mainland On The Go Cheese & Crackers 50/55g Selected Varieties





Perfect Italiano Cheese Block 200g Selected Varieties \$25.00 per kg



\$170



Coon Cheese Natural Slices 500g Selected Varieties \$14.00 per kg



Latina Fresh Sauce or Pasta Selected Varieties 375/425g





ZoOsh Classic Dip 185g \$1.08 per 100g





SAVE FROM

Mainland
ButterSoft 375g
Selected Varieties
\$1.41 per 100g



Don Sliced Meats 100g or Traditional Kabana 200g Selected Varieties

SAVE FROM 99¢









#### **FREEZER FAVOURITES**



McCain Redbox Frozen Meals 310/320g, **\$6.00 each,** Beer Batter Chips or Wedges 500g, **\$3.00 each,** Selected Varieties



Birds Eye Deli Fish Fillets, Chips or Super Nature Wellness Bowl 250-600g Selected Varieties



McCain Flavour Boss Pizza 490-540g Selected Varieties





Ingham's Chicken Breast Tenders, Herbert Adams King Island Pies or Sausage Rolls 400/420g Selected Varieties



Birds Eye Frozen Vegetables or Roast Potatoes 600g/1kg Selected Varieties





McCain Healthy Choice Meals 280/300g Selected Varieties



Connoisseur or Nestlé Kit Kat Ice Cream 4/6 Pack Selected Varieties



Peters Original 41 or Streets Blue Ribbon 11 Ice Cream



Streets Cornetto or Weis Bars 4-8 Pack Selected Varieties



#### **TASTY EASY SPEEDY** IF IT'S NOT A MRS MAC'S, TAKE IT BACK!



#### **DRINKS & SNACKS**







Coca-Cola, Pepsi or Schweppes Soft Drink 1.25-2l (Ambient Only) Selected Varieties

\$2<sub>EA</sub>



Schweppes Soft Drink, Mineral Water or Mixers 1.1l Selected Varieties (Ambient Only) \$1.45 per litre

\$160 EA

40¢



Red Rock Deli Potato Chips 150/165g Selected Varieties SAVE FROM



Mother Energy Drink 4 Pack x 500ml **\$2.93 per litre** 



Powerade Sipper Cap 600ml Selected Varieties (Ambient Only) \$3.33 per litre

2 FOR \$



Sunbites Grainwaves or Majans Bhuja Snacks 140-210g Selected Varieties

\$105



Coca-Cola Cans 30 Pack x 375ml Selected Varieties \$1.69 per litre

\$1545



Fanta, Lift or Sprite Soft Drink 1.25/1.5I (Ambient Only)

\$150 EA SAVE FROM \$1



Golden Circle Sparkling Juice 750ml **\$4.65 per litre** 

\$349 EA

71¢

#### **SNACKS & TREATS**



Nestlé Medium Chocolate Bars 35-55g Selected Varieties SAVE FROM



Allen's Medium Bag Jellies 130-200g Selected Varieties SAVE FROM



Arnott's Family Assorted Biscuits 500g **\$0.70 per 100g** 





Cadbury Milk Chocolate Blocks 160-190g Selected Varieties SAVE FROM \$115





Arnott's Sweet or Cream Biscuits 200/250g Selected Varieties 85¢



Lindt Chocolate Block 100g Selected Varieties **\$2.12 per 100g**  \$213



Peckish Rice Crackers 100g \$1.00 per 100g \$119



#### **PANTRY ESSENTIALS**



Nescafé Coffee Mix Sachets 10 Pack Selected Varieties \$0.33 each





PROTEIN

Doritos Crackers 160g \$1.25 per 100g







Sanitarium Weet-Bix 375g or Up & Go 350ml (Ambient Only)





EXTRA VIRGIN

riginale

Bertolli Oilve Oil 750ml or Azalea Grape







Uncle Tobys or Nestlé Milo Snack Bars 94-185g Selected Varieties



Porridge Sachets 320g

Kellogg's

Nutri-Grain 500g

\$0.80 per 100g

#### **FILL YOUR PANTRY**



















San Remo Specialty Pasta or Couscous 250-500g Selected Varieties





#### WINTER ESSENTIALS





#### STAY HEALTHY THIS **COLD & FLU SEASON**





Panadol with Optizorb Formulation Caplets or Tablets 20 Pack \$0.20 each



Nurofen Zavance Liquid Capsules 20 Pack \$0.27 each





Sudafed PE Pain Relief or Nasal Decongestant 10 Pack \$0.70 each





Codral Sore Throat Lozenges 16 Pack \$0.31 each







Nyal Cold Sore Cream 10g or Codral Relief Mucus Cough 150ml





Codral Relief or Sudafed PE Decongestant Tablets 20 Pack \$0.55 each





Nyal Cold & Flu Tablets 24 Pack \$0.42 each



Nyal Cough Medicine 200ml Selected Varieties \$3.50 per 100ml





Nyal Cold Sore Cream 5g or Decongestant Nasal Spray 15ml



#### **O**

## •

#### ?

#### WINTER ESSENTIALS



Strepsils Lozenges 16 Pack Selected Varieties \$0.31 each



Strepsils Value Pack Lozenges 36 Pack Selected Varieties \$0.22 each





Strepsils Plus or Extra Value Pack Lozenges 36 Pack Selected Varieties \$0.33 each







Betadine Sore Throat Lozenges 16 Pack \$0.31 each





Betadine Sore Throat Gargle Ready To Use 120ml or Concentrated 15ml





Lemsip Max Cold & Flu Hot Drink Lemon Flavour 10 Pack \$0.90 each

\$0.44 each





Kleenex Extra Care Facial Tissues 140 Pack \$1.99 per 100 sheets





Cenovis Sugarless C 500mg Value Pack 300 Tablets \$0.04 each

\$701





Antibacterial Hand Wash Refill 950ml \$0.63 per 100ml



Dettol Foam Hand Wash Refill 900ml **\$0.67 per 100ml** 



Dettol Hand Wash Pump 250ml **\$0.80 per 100ml** 

#### **HEALTH, BEAUTY & BABY**



Sunsilk Junior Shampoo & Conditioner 350ml or Styling Detangler 200ml





Sunsilk Shampoo or Conditioner 350ml Selected Varieties \$1.14 per 100ml







\$196



Colgate Total Toothpaste 180/200g or Mouthwash 500ml Selected Varieties



Bic Hybrid Flex 4 Shaver 4 Pack \$1.50 each



Listerine Mouthwash 11 Selected Varieties \$0.90 per 100ml





Nivea Lip Care 4.8g 1 Pack Selected Varieties \$5.00 per 10g

\$160



Libra Invisible Pads 10-16 Pack or Liners Dry Long 39 Pack Selected Varieties



LISTERINE

Palmolive Foaming Hand Wash Refill 500ml \$0.80 per 100ml







Huggies Ultra Dry Nappies 14-28 Pack Selected Varieties



Huggies Ultimate Nappies 52-108 Pack Selected Varieties

\$501

#### **KEEP YOUR PETS HAPPY**



A La Carte 85g Selected Varieties \$1.40 per 100g



Whiskas Dry Cat Food 1kg

\$0.40 per 100g





Whiskas Oh So.. or Tasty Trios Cat Food 12 Pack x 85g \$0.78 per 100g



Schmackos Strapz, Stix or Meaty Tenderz 100/180g



Purina Supercoat 3kg or Farmer's Market 2.7kg Dog Food





VIP Petfoods Natures Goodness Dog Food 400g \$0.37 per 100g





Optimum Wet Dog Food 680/700g





Pedigree Wet Dog Food 1.2kg \$0.25 per 100g



# **BEST BUY®**

#### BEST VALUE, BEST PRICE



Best Buy Natural Spring Water 12 Pack x 600ml **\$0.51 per litre** 



Best Buy Toilet Tissue 3 Ply 8 Pack



Best Buy Ice Cream 2I \$0.23 per 100ml



Confectionery 200-300g Selected Varieties



Best Buy Garlic Bread Twin Pack 450g \$0.56 per 100g



Duracell Coppertop Batteries AA 10 Pack or AAA 8 Pack Selected Varieties





BIC

Mega Lighter 1 Pack





Energizer Max 9V 522 1 Pack \$5.00 per battery



Trend Bath Towel



Sistema Klip It Rectangular 21

#### **HOUSEHOLD NEEDS**



\$401

Fairy All in One Dishwasher Capsules 18/22 Pack

Fairy Dishwashing Liquid 625ml \$0.64 per 100ml



\$401



Vanish NapiSan Gold Oxi Action Stain Remover Powder 1.8kg \$5.55 per kg

















Viva Paper Towel 6 Pack \$1.66 per 100 sheets





Bref Duo Cubes Toilet Cleaner 2 Pack x 50g \$2.99 per 100g



Kleenex Toilet Tissue White 18 Pack \$0.28 per 100 sheets



Carlton Draught 24 Pack x 375ml or Great Northern Super Crisp 30 Pack x 375ml



Great Northern Original 24 Pack x 330/375ml



24 Pack

x 375ml

Gold Midstrenath 30 Pack x 375ml



Fireball 700ml



Black Douglas, Cougar or Skyy Vodka 700ml



Jim Beam Black, Canadian Club 8yo or Jim Beam Devils Cut 700ml



Jack Daniel's & Cola 10 Pack x 375ml



Johnnie Walker Red, Bundaberg Original or Red 4.6% 10 Pack x 375ml



De Bortoli Premium Reserve Casks 2L



Upside Down or Taylor's Promised Land 750ml



Pepperjack Four Sisters 750ml 750ml

#### SPEND \$80 ON WINE SAVE \$100 ON SONOS ONE

Spend \$80 or more on selected wine\* and buy the Sonos One smart speaker for \$199 (RRP \$299), while stocks last. For full Terms & Conditions visit WineandSonos.com





Selected wines • Penfolds Max's/Bins/Koonunga Hill/Tribute Range · Pepperjack · Wolf Blass (excluding Eaglehawk) · Wynns · Squealing Pig Gentleman's Collection • Coldstream Hills • Seppelt

#### BONUS HERALD SUN WHEN YOU SPEND \$20° OR MORE

Offer available when you spend \$20 in the one transaction within the participating FoodWorks store (\*excludes tobacco and tobacco related products). Offer available while stocks last.



